



Race Calendar 2023

| | Day | Date | Race & Location | Club | Contact | Mobile | Ladies | Mens | Tide | Q | P |
|---|-----|--------|---|--------------------|------------------------|--------------|--------|-------|-------|---|---|
| 1 | Sat | 27-May | Glenalbyn SC - Seapoint | Glenalbyn SC | Declan Culliton | 0872795202 | 16:00 | 17:00 | 18:35 | Y | Y |
| | Sun | 28-May | | | | | | | | | |
| | Sat | 03-Jun | | | | | | | | | |
| 3 | Sun | 04-Jun | Clontarf - Bull Wall, Clontarf | Clontarf SC | Dermot Marron | 0876783305 | 11:00 | 12:00 | 12:35 | Y | Y |
| 4 | Sat | 10-Jun | The Siobhan McKenna Cup - Killiney Beach | Half Moon SWC | Ronan Dalton | 0868206666 | 10:00 | 11:00 | 18:03 | Y | Y |
| 5 | Sun | 11-Jun | Phoenix - Killiney Beach | Phoenix SC | Dave Keenan | 0868206666 | 10:00 | 11:00 | 06:30 | Y | Y |
| 7 | Sat | 17-Jun | Caulfield & Lynch Cups - Portmarnock Beach | St. Vincent's WPC | Joan Barron | 0872833238 | 11:00 | 12:00 | 11:52 | Y | Y |
| 8 | Sun | 18-Jun | Garda SC - Low Rock, Portmarnock | Garda SC | David Campbell | 0876341312 | 12:30 | 13:30 | 12:34 | Y | Y |
| 9.3 | Sat | 24-Jun | Eastern Bay Cups - Low Rock Portmarnock | Eastern Bay SC | Declan Proctor | 0876521861 | 14:30 | 15:30 | 16:43 | Y | Y |
| 11 | Sun | 25-Jun | Meath Masters - Lough Lene | Meath MSC | Pat Fennell | 0868335237 | 11:00 | 12:00 | 17:31 | Y | Y |
| 12 | Sat | 01-Jul | Guinness - Killiney | Guinness SC | Greg O'Dwyer | 0868150208 | 11:00 | 12:00 | 10:31 | Y | Y |
| 13 | Sun | 02-Jul | Bray Promenade | Half Moon SWC | Ronan Dalton | 0868206666 | 11:00 | 11:00 | 11:27 | Y | Y |
| | Sat | 08-Jul | Cancelled Island Race | | | | | | | | |
| 14 | Wed | 12-Jul | BOB BUSHELL Trophy - Killiney | Half Moon SWC | Ronan Dalton | 0868206666 | 19:00 | 19:00 | 20:35 | Y | Y |
| 15 | Sat | 15-Jul | Templeogue - Seapoint | Templeogue SC | Bronagh Carey | 014901711 | 11:00 | 12:00 | 10:49 | Y | Y |
| 16 | Sun | 16-Jul | Dublin SC - Killiney | Dublin SC | Charles Harper | 0867234539 | 11:00 | 12:00 | 11:36 | Y | Y |
| 17 | Wed | 19-Jul | Leinster Open Sea - Southside - Killiney | LOS | los.swimming@gmail.com | | 19:00 | 19:00 | 13:39 | Y | N |
| 18 | Sat | 22-Jul | 93rd Island Race - Ireland's Eye, Howth | LOS | Brian Nolan | 0862661981 | 15:00 | 15:00 | 16:38 | Y | N |
| 19 | Sun | 23-Jul | Eddie Heron/John McCarthy - Killiney | Sandycove SWPC | Tony Connolly | 0862560701 | 11:00 | 12:00 | 16:03 | Y | Y |
| 20 | Wed | 26-Jul | Leinster Open Sea - Northside - Portmarnock | LOS | los.swimming@gmail.com | | 19:00 | 19:00 | 18:23 | Y | N |
| 21 | Sat | 29-Jul | Healy/O'Kane Cups - Wicklow Harbour | Wicklow SC | Pam Beacon | 0862893946 | 11:00 | 12:00 | 09:06 | Y | Y |
| 22 | Sun | 30-Jul | Jim Kavanagh/Plunkett McAllister - Bull Wall | North Dublin WSC | Alan Cooke | 0863059551 | 10:00 | 11:00 | 10:04 | Y | Y |
| 23 | Wed | 02-Aug | Leinster Open Sea - Southside - Killiney | LOS | los.swimming@gmail.com | | 19:00 | 19:00 | 13:04 | Y | N |
| 24 | Sun | 06-Aug | 93rd CJK Dún Laoghaire Harbour Race | LOS | Brian Nolan | 0862661981 | 14:00 | 15:00 | 16:10 | Y | Y |
| 25 | Wed | 09-Aug | Leinster Open Sea - Northside - Low Rock | LOS | los.swimming@gmail.com | | 19:00 | 19:00 | 18:50 | Y | N |
| 26 | Sat | 12-Aug | LOS Lough Lene Races - 10k/5k/2.5k/4x2.5k relay | LOS | Brian Nolan | 0862661981 | 10:00 | 10:00 | 09:40 | Y | N |
| 27 | Sun | 13-Aug | Aer Lingus Masters - Tower Bay, Portrane | Aer Lingus Masters | Peter Conway | 0862744233 | 11:00 | 12:00 | 10:38 | Y | Y |
| 28 | Wed | 16-Aug | Leinster Open Sea - Southside - Killiney | LOS | los.swimming@gmail.com | | 19:00 | 19:00 | 12:42 | Y | Y |
| 29 | Sat | 19-Aug | NAC Masters - Low Rock, Malahide | NAC Masters | David Yeates | 0872585102 | 11:00 | 12:00 | 14:22 | Y | Y |
| 30 | Sun | 20-Aug | Tracey Lawlor Cup - Curracloe, Co. Wexford | Wexford Masters | Marie Moulds | 0879801009 | 11:00 | 12:00 | 15:39 | Y | Y |
| 31 | Sat | 26-Aug | Guinness - Killiney | Guinness SC | Greg O'Dwyer | 0868150208 | 10:00 | 11:00 | 07:27 | Y | Y |
| 32 | TBC | TBC | Arthur Dunne _ South Wall | Half Moon SWC | Ronan Dalton | 0868206666 | | | | Y | Y |
| Collect Hats & Shirts for 103rd Jones Engineering Dublin City Liffey Swim Thurs 31st August 4-7pm TUD Aungier Street | | | | | | | | | | | |
| 33 | Sat | 02-Sep | 103rd Jones Engineering Dublin City Liffey Swim | LOS | Brian Nolan | 0862661981 | 12:00 | 13:00 | 14:15 | N | Y |
| 34 | Sat | 16-Sep | Boyne Swim | Drogheda | Ray Donagh | 086 380 3679 | 13:50 | 13:50 | | N | N |

ENTRY TO ALL RACES IS AVAILABLE ONLINE AND AT THE VENUE (Except race 24,26 & 33 in Blue).

1) Swimmers must complete minimum 4 races to enter race 24 . CJK Dún Laoghaire Harbour Race.

2) Swimmers must complete minimum 6 races to enter race 33 . 103rd Jones Engineering Dublin City Liffey Swim

.- Best of five swims. Prizes for fastest swimmers in each age category and overall winners after 5 swims.

Q = Qualifier for The Island Race, The CJK Dún Laoghaire Harbour Race & The Jones Engineering Dublin City Liffey Swim

P = Points Swimmer of the Year and Club of the Year Competition

los.swimming@gmail.com

www.facebook.com/leinsteropensea

All race results can be seen on our new results website at:

www.leinsteropensearesults.com

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Updates in Red